



Public Health  
England

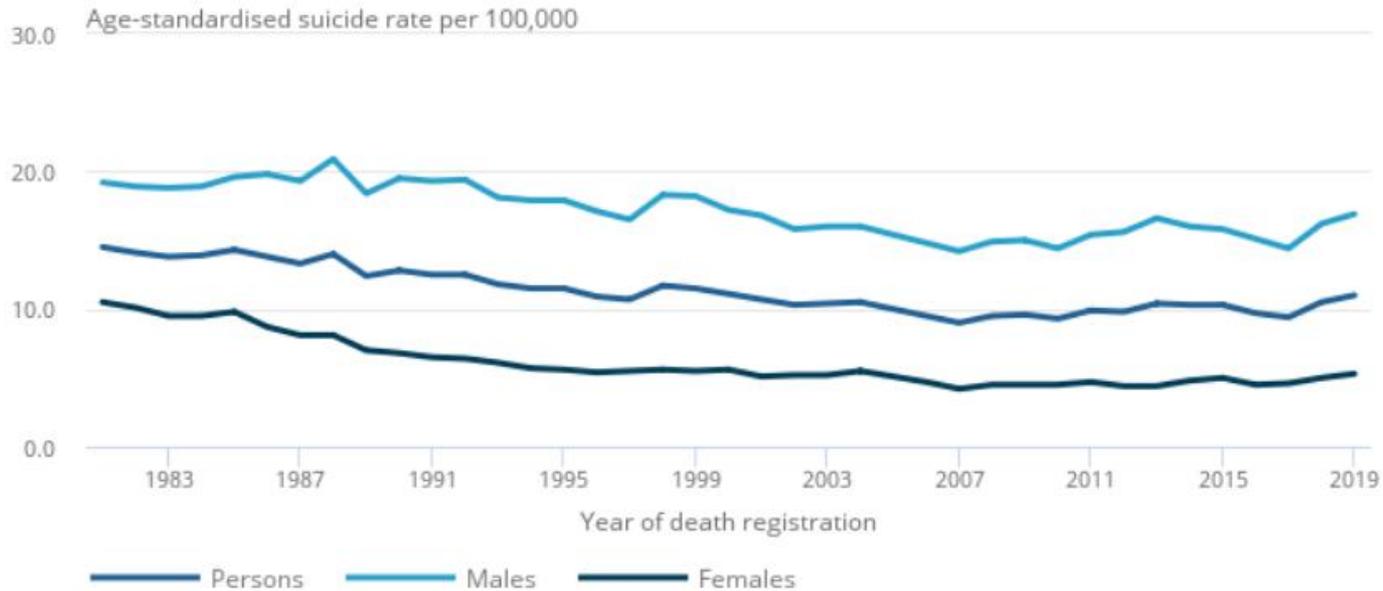
Protecting and improving the nation's health

# Suicide Prevention The national picture

West of England Suicide Prevention Summit  
16.6.21

# Figure 1: All persons, males and females saw increases in suicide rates in 2019

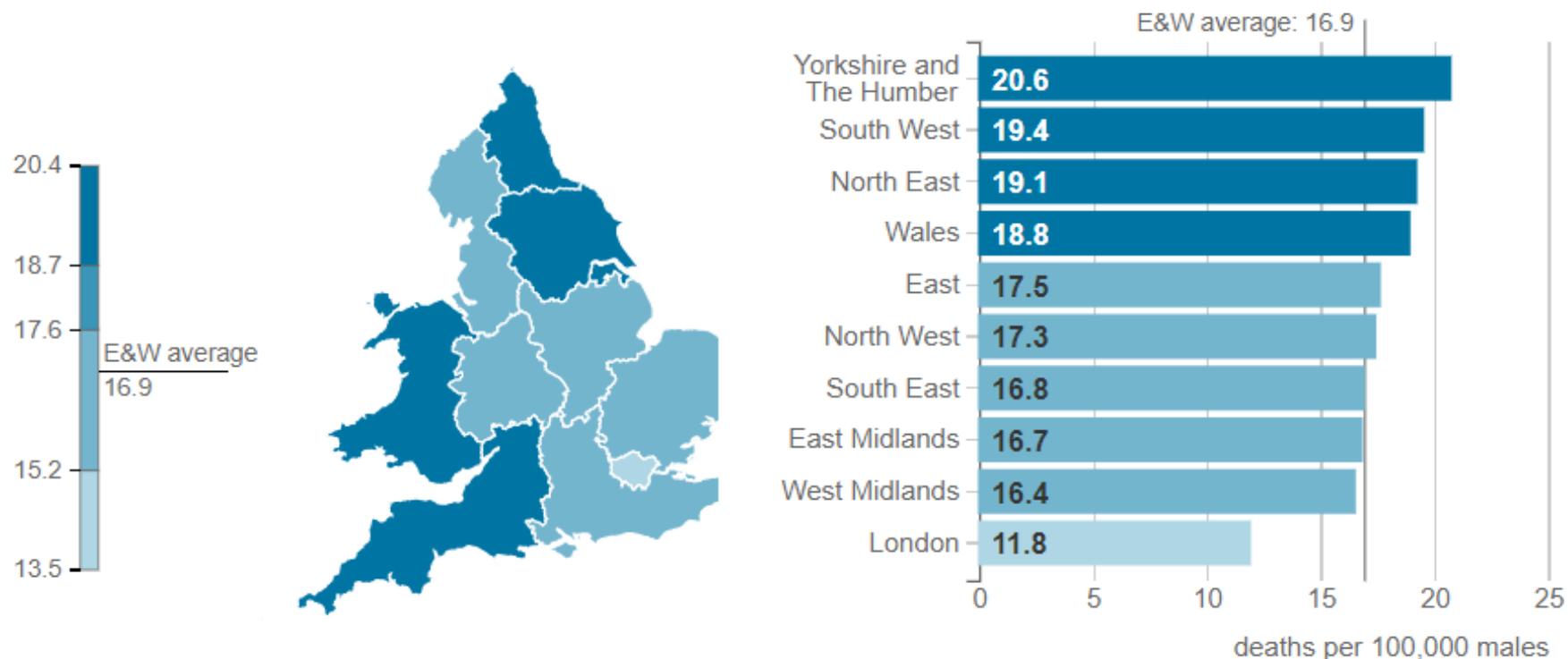
Age-standardised suicide rates by sex, England and Wales, registered between 1981 and 2019



Source: Office for National Statistics – Suicides in England and Wales: 2019 registrations

<https://www.ons.gov.uk/peoplepopulationandcommunity/birthsdeathsandmarriages/deaths/bulletins/suicidesintheunitedkingdom/2019registrations>

## Age-standardised suicide rates for English regions and Wales, males, deaths registered in 2019



Source: Office for National Statistics



# Vulnerable groups

## Middle Aged Men

- Loneliness
- Worried about money and debt
- Problems with their relationships

## Children and Young People

- not being able to go to school
- not being able to get care and support
- things being bad at home
- feeling alone

## People who self harm

- The number of people going to hospital went down.
- This may be because COVID-19 was stopping people from looking for help.
- Worrying about COVID-19 has been reported as part of the reason for self harm

## Mental Illness

- 50% of calls to Samaritans about mental illness
- Concerns about illness getting worse and not being able to access care



Indicator

**Suicide rate (Persons)** 2017 - 19 Directly standardised rate - per 100,000**Compared with England**
Better 95%
Similar
Worse 95%
Not compared

\* a note is attached to the value, hover over to see more details ^

 Recent trends: 
 — Could not be calculated 
 → No significant change 
 ↑ Increasing & getting worse 
 ↑ Increasing & getting better 
 ↓ Decreasing & getting worse 
 ↓ Decreasing & getting better
Areas **All in South West region**

All in England

Display

**Table**

Table and chart

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| Area                         | Recent Trend | Count  | Value |  | 95% Lower CI | 95% Upper CI |
|------------------------------|--------------|--------|-------|--|--------------|--------------|
| <b>England</b>               | —            | 14,788 | 10.1  |  | 9.9          | 10.3         |
| South West region            | —            | 1,666  | 11.3  |  | 10.8         | 11.9         |
| Torbay                       | —            | 64     | 19.0  |  | 14.5         | 24.3         |
| Somerset                     | —            | 186    | 13.1  |  | 11.2         | 15.0         |
| Cornwall                     | —            | 187    | 12.7  |  | 10.9         | 14.6         |
| Devon                        | —            | 253    | 12.0  |  | 10.5         | 13.5         |
| Plymouth                     | —            | 84     | 11.7  |  | 9.3          | 14.5         |
| Bristol                      | —            | 138    | 11.4  |  | 9.4          | 13.4         |
| North Somerset               | —            | 58     | 10.5  |  | 8.0          | 13.6         |
| Bath and North East Somerset | —            | 51     | 10.4  |  | 7.7          | 13.7         |
| Gloucestershire              | —            | 170    | 10.2  |  | 8.7          | 11.8         |
| South Gloucestershire        | —            | 67     | 9.1   |  | 7.0          | 11.5         |
| Wiltshire                    | —            | 104    | 8.1   |  | 6.5          | 9.6          |
| Swindon                      | —            | 43     | 7.4   |  | 5.3          | 10.0         |
| Bournemouth                  | —            | -      | -     |  | -            | -            |
| Dorset (Cty)                 | —            | -      | -     |  | -            | -            |
| Isles of Scilly              | —            | -      | *     |  | -            | -            |
| Poole                        | —            | -      | -     |  | -            | -            |

Source: Office for National Statistics

<https://fingertips.phe.org.uk/profile-group/mental-health/profile/suicide/data#page/3/gid/1938132828/pat/6/par/E12000009/ati/102/are/E06000022/iid/41001/age/285/sex/4/ci/d/4/tbm/1>

# Bristol

Data view **Area profiles**
Geography **Bristol**  
 Counties & UAs (pre 4/19) in South West region
 Topic **Suicide data**

Compared with England ● Better 95% ● Similar ● Worse 95% ● Lower ● Similar ● Higher ○ Not applicable

Data quality: ■ Significant concerns ■ Some concerns ■ Robust

\* a note is attached to the value, hover over to see more details

Recent trends: — Could not be calculated → No significant change ↑ Increasing & getting worse ↑ Increasing & getting better ↓ Decreasing & getting worse ↓ Decreasing & getting better ↑ Increasing ↓ Decreasing

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| Indicator   | Period    | Bristol      |       |       | Region England |       | England       |       |               |  |
|---|-----------|--------------|-------|-------|----------------|-------|---------------|-------|---------------|--|
|   |           | Recent Trend | Count | Value | Value          | Value | Worst/ Lowest | Range | Best/ Highest |  |
| Suicide rate (Persons)  | 2017 - 19 | —            | 138   | 11.4  | 11.3           | 10.1  | 19.0          |       | 4.9           |  |
| Suicide rate (Male)   | 2017 - 19 | —            | 106   | 18.1  | 17.6           | 15.5  | 27.3          |       | 5.8           |  |
| Suicide rate (Female)   | 2017 - 19 | —            | 32    | 4.7   | 5.4            | 4.9   | 11.1          |       | 2.5           |  |
| Years of life lost due to suicide, age-standardised rate 15-74 years: per 10,000 population (3 year average) (Persons) <span>■</span> | 2017 - 19 | —            | 130   | 40.0  | -              | 33.0  | 72.3          |       | 18.3          |  |
| Years of life lost due to suicide, age-standardised rate 15-74 years: per 10,000 population (3 year average) (Male) <span>■</span>    | 2017 - 19 | —            | 101   | 61.0  | -              | 50.2  | 101.1         |       | 24.1          |  |
| Years of life lost due to suicide, age-standardised rate 15-74 years: per 10,000 population (3 year average) (Female) <span>■</span>  | 2017 - 19 | —            | 29    | 18.3  | -              | 15.9  | 44.2          |       | 8.2           |  |
| Suicide crude rate 10-34 years: per 100,000 (5 year average) (Male) <span>■</span>  | 2013 - 17 | —            | 45    | 9.8   | 10.5*          | 10.5  | 3.3           |       | 22.2          |  |
| Suicide crude rate 35-64 years: per 100,000 (5 year average) (Male) <span>■</span>  | 2013 - 17 | —            | 100   | 26.0  | 22.1*          | 20.1  | 8.0           |       | 43.6          |  |
| Suicide crude rate 65+ years: per 100,000 (5 year average) (Male) <span>■</span>  | 2013 - 17 | —            | 13    | 9.8   | 13.0*          | 12.4  | 2.6           |       | 34.9          |  |

# North Somerset

Data view **Area profiles**
Geography **North Somerset**  
 Counties & UAs (pre 4/19) in South West region
 Topic **Suicide data**

## Compared with England

● Better 95% ● Similar ● Worse 95% ● Lower ● Similar ● Higher ○ Not applicable

Data quality: ■ Significant concerns ■ Some concerns ■ Robust

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Recent trends: — Could not be calculated → No significant change ↑ Increasing & getting worse ↑ Increasing & getting better ↓ Decreasing & getting worse ↓ Decreasing & getting better ↑ Increasing ↓ Decreasing

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| Indicator   | Period    | N Somerset   |       |       | Region England |       | England       |       |               |  |
|---|-----------|--------------|-------|-------|----------------|-------|---------------|-------|---------------|--|
|   |           | Recent Trend | Count | Value | Value          | Value | Worst/ Lowest | Range | Best/ Highest |  |
| Suicide rate (Persons)  | 2017 - 19 | —            | 58    | 10.5  | 11.3           | 10.1  | 19.0          |       | 4.9           |  |
| Suicide rate (Male)   | 2017 - 19 | —            | 45    | 16.5  | 17.6           | 15.5  | 27.3          |       | 5.8           |  |
| Suicide rate (Female)   | 2017 - 19 | —            | 13    | 4.9   | 5.4            | 4.9   | 11.1          |       | 2.5           |  |
| Years of life lost due to suicide, age-standardised rate 15-74 years: per 10,000 population (3 year average) (Persons) <span>■</span> | 2017 - 19 | —            | 52    | 39.3  | -              | 33.0  | 72.3          |       | 18.3          |  |
| Years of life lost due to suicide, age-standardised rate 15-74 years: per 10,000 population (3 year average) (Male) <span>■</span>    | 2017 - 19 | —            | 40    | 57.8  | -              | 50.2  | 101.1         |       | 24.1          |  |
| Years of life lost due to suicide, age-standardised rate 15-74 years: per 10,000 population (3 year average) (Female) <span>■</span>  | 2017 - 19 | —            | 12    | 21.0  | -              | 15.9  | 44.2          |       | 8.2           |  |
| Suicide crude rate 10-34 years: per 100,000 (5 year average) (Male) <span>■</span>  | 2013 - 17 | —            | 15    | 11.1  | 10.5*          | 10.5  | 3.3           |       | 22.2          |  |
| Suicide crude rate 35-64 years: per 100,000 (5 year average) (Male) <span>■</span>  | 2013 - 17 | —            | 40    | 19.7  | 22.1*          | 20.1  | 8.0           |       | 43.6          |  |
| Suicide crude rate 65+ years: per 100,000 (5 year average) (Male) <span>■</span>  | 2013 - 17 | —            | 8     | 7.3   | 13.0*          | 12.4  | 2.6           |       | 34.9          |  |

# South Gloucestershire

Data view **Area profiles**
Geography **South Gloucestershire**  
 Counties & UAs (pre 4/19) in South West region
 Topic **Suicide data**

## Compared with England

● Better 95% ● Similar ● Worse 95% ● Lower ● Similar ● Higher ○ Not applicable

Data quality: ■ Significant concerns ■ Some concerns ■ Robust

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Recent trends: — Could not be calculated → No significant change ↑ Increasing & getting worse ↑ Increasing & getting better ↓ Decreasing & getting worse ↓ Decreasing & getting better ↑ Increasing ↓ Decreasing

📄 Export table as image 📄 Export table as CSV file



| Indicator   | Period    | S Gloucs     |       | Region England |       |       | England       |       |               |
|---|-----------|--------------|-------|----------------|-------|-------|---------------|-------|---------------|
|   |           | Recent Trend | Count | Value          | Value | Value | Worst/ Lowest | Range | Best/ Highest |
| Suicide rate (Persons)  | 2017 - 19 | —            | 67    | 9.1            | 11.3  | 10.1  | 19.0          |       | 4.9           |
| Suicide rate (Male)   | 2017 - 19 | —            | 54    | 15.0           | 17.6  | 15.5  | 27.3          |       | 5.8           |
| Suicide rate (Female)   | 2017 - 19 | —            | 13    | 3.5            | 5.4   | 4.9   | 11.1          |       | 2.5           |
| Years of life lost due to suicide, age-standardised rate 15-74 years: per 10,000 population (3 year average) (Persons) <span>■</span> | 2017 - 19 | —            | 58    | 27.4           | -     | 33.0  | 72.3          |       | 18.3          |
| Years of life lost due to suicide, age-standardised rate 15-74 years: per 10,000 population (3 year average) (Male) <span>■</span>    | 2017 - 19 | —            | 45    | 43.6           | -     | 50.2  | 101.1         |       | 24.1          |
| Years of life lost due to suicide, age-standardised rate 15-74 years: per 10,000 population (3 year average) (Female) <span>■</span>  | 2017 - 19 | —            | 13    | 11.2           | -     | 15.9  | 44.2          |       | 8.2           |
| Suicide crude rate 10-34 years: per 100,000 (5 year average) (Male) <span>■</span>  | 2013 - 17 | —            | 17    | 8.0            | 10.5* | 10.5  | 3.3           |       | 22.2          |
| Suicide crude rate 35-64 years: per 100,000 (5 year average) (Male) <span>■</span>  | 2013 - 17 | —            | 42    | 15.7           | 22.1* | 20.1  | 8.0           |       | 43.6          |
| Suicide crude rate 65+ years: per 100,000 (5 year average) (Male) <span>■</span>  | 2013 - 17 | —            | 21    | 18.2           | 13.0* | 12.4  | 2.6           |       | 34.9          |

# National Strategy fifth annual report

## Annex A



New actions in the context of COVID -19 to protect:

- People who are economically vulnerable
- People in contact with mental health services
- People who are disproportionately impacted by lockdown or restrictions
- Children and Young people
- NHS and social care staff
- People in contact with the criminal justice system

### Preventing suicide in England: Fifth progress report of the cross-government outcomes strategy to save lives

Published 27 March 2021

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[https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment\\_data/file/973935/fifth-suicide-prevention-strategy-progress-report.pdf](https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/973935/fifth-suicide-prevention-strategy-progress-report.pdf)

# Current regional priorities

- **Real Time Surveillance Systems** to guide timely postvention bereavement support and to identify clusters or merging novel methods
- **Self Harm** a regional report and guide best practice amongst touch points across the system
- **Children and Young People** development of clearer links between schools, CAMHS, safeguarding emergency and community services
- **Responding to potential clusters** using best practice guidance to reduce the risks of social contagion
- **Ensuring that the voices of experience are included** in suicide prevention planning to ensure that actions are grounded in what is needed
- **Regional South West Suicide Prevention summit [online] 3rd and 10th September 2021** TBA soon



Public Health  
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Protecting and improving the nation's health

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