



BNSSG LGBTQ+ Mental Health Lived Experience Steering Group

Listening events – May 2021

Working together agreement

These principles have been developed by the steering group, and are intended to ensure the sessions remain safe for everyone, regardless of their contribution.

- Please mute your microphone when not talking, to avoid background noise spillover.
- Sharing as much or as little as you're comfortable with – please add content warnings where appropriate, and avoid details that may be triggering (as far as possible).
- Please feel free to use pronouns as part of your introduction or as your screen name.
- Regardless of whether or not you do share your pronouns, please respect other peoples' choice to do so. Please do not misappropriate the use of pronouns.
- Everyone has different styles of communicating – we will be accommodating of this.
- Use of the 'chat' box within Zoom is as valid as contributing verbally – we will take care to ensure such contributions remain part of the discussion.
- Please try and be mindful of sharing the space and the limited time we have together.
- Discriminatory language of any sort will not be tolerated when used against other people within the space. We of course understand that such language may form part of people's experiences that they share.
- Everyone is welcome and encouraged to contribute, and we will make there is space for everyone to contribute in turn.
- There will be a protected space at the end of the session, to ensure that anyone who has not yet spoken has the chance to do so if they wish.
- Take care to respect the validity of other people's experiences, and how that matters to the person.