



Working Together to Prevent Suicide



Suicide Prevention Summit

Monday 13 January 2020, 10:00 - 15:00

Conference Hall, Bristol City Hall, BS1 5TR

Welcome

Councillor Asher Craig

Deputy Mayor, Bristol City Council

Why is this so important?

- According to the World Health Organisation, over 800,000 died by suicide across the world in 2016
- 6000 people die by suicide in the UK EVERY YEAR
- Between 2016 and 2018, 246 people across Bristol North Somerset and South Gloucestershire died by suicide
- A suicide is like a pebble in a pond. The waves ripple outwards. Every death affects many more people; their friends, family, and wider community.

At risk groups

- Around three quarters of all deaths by suicide are men, particularly middle aged men
- Suicide is now the biggest killer of men under 50
- We know that poverty, money worries, relationship breakdown, substance misuse are all linked to suicide
- There are some groups of people who are at greater risk for example Lesbian, Gay, Bisexual, Transgender community

Black, Asian and Minority Ethnic groups (BAME)

- Influences on mental health: racism and discrimination, inequalities, mental health stigma, and criminal justice system
- Suicidal thoughts are higher among white Caucasian population
- Suicide rates are higher among young men of Black African, Black Caribbean origin and among middle aged Black African, Black Caribbean and South Asian Women than among White British population